

JUNE 2014



s Best		-				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 La Leche League 10 am – 12 pm, call Megan for info: 301- 665-9226 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	4	5 10am Breastfeeding Support Group 3pm Spanish Prenatal Breastfeeding Class	6	7
8	9	Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	11	12 10am Breastfeeding Support Group	13	14
15	16	Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am La Leche League Meeting Washington Co.Health Dept. WIC Office/6:30 PM-8:30 PM Contact: Megan for more information@301-665-9226	18	19 10am Breastfeeding Support Group 3pm Spanish Prenatal Breastfeeding Class	20	21
22	23	Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	25	26 10am Breastfeeding Support Group	27	28
		Washington County) To Contact a Breastfeeding Counselor near you: Breastfeeding Support Line: (240) 313-3311 Mailbox 2: Crescent Trumpower, BF Peer Counselor Urgent BF concerns: (240) 313-3335		Services:		



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6	7	Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	9	10 10am Breastfeeding Support Group	11	12
13	14	Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am La Leche League Meeting Washington Co.Health Dept. WIC Office/6:30 PM-8:30 PM Contact: Megan for more information@301-665-9226	16	17 10am Breastfeeding Support Group 3pm Spanish Prenatal Breastfeeding Class	18	19
20	21	Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	23	24 10am Breastfeeding Support Group	25	26
27	28	29	30	31 10am Breastfeeding Support Group	Services: Peer Counseling Weekly BF classes 1-on-1 instruction on "Getting Started" with BF (positioning, latch, sleepy baby, growth spurts, etc)	



AUGUST 2014



9's Best 3		- No.				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(Washington County) To Contact a Breastfeeding Counselor near you: Breastfeeding Support Line: (240) 313-3311 Mailbox 2: Crescent Trumpower, BF Peer Counselor Urgent BF concerns: (240) 313-3335		Services: Peer Counseling Weekly BF classes 1-on-1 instruction on "Getting Started" with BF (positioning, latch, sleepy baby, growth spurts, etc)		Services: Peer Counseling Weekly BF classes 1-on-1 instruction on "Getting Started" with BF (positioning, latch, sleepy baby, growth spurts, etc)	1	2
3	4	5 La Leche League 10 am – 12 pm, call Megan for info: 301- 665-9226 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am "Learn and Latch Café" Breastfeeding: a Winning Goal for Life in celebration of World Breastfeeding Week 11 am – 12 noon	6	7 10am Breastfeeding Support Group 3pm Spanish Prenatal Breastfeeding Class	8	9
10	11	Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	13	14 10am Breastfeeding Support Group	15	16
17	18	Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am La Leche League Meeting Washington Co.Health Dept. WIC Office/6:30 PM-8:30 PM Contact: Megan for more information@301-665-9226	20	21 10am Breastfeeding Support Group 3pm Spanish Prenatal Breastfeeding Class	22	23
24/31	25	26 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	27	28 10 am Breastfeeding Support Group	29	30